

## Be inspired by purple

**PURPLE HAS BEEN ASSOCIATED** with power and royalty for many centuries. Tyrian purple, a pigment derived from a mollusc, was first used by the ancient Phoenicians and was at times more expensive than gold: The imperial robes of Roman emperors were always purple trimmed with gold. Purple is also linked to the East where it was historically used in carpets, textiles and paintings.

But it's its link to the spiritual world which is more recognised today, leading to its association with a richness of spirit, individuality and creativity.

#### Your personality

People with a strong affinity to purple are usually charismatic personalities who are visionary and love to expand their horizons. While they're creative and intuitive, they also make good leaders, often in humanitarian fields. Thelma suggests you use more of this colour if you'd like inspiration from the spiritual world or wish to expand your creativity.

#### Using purple at home

Purple can illicit strong reactions from people and so a certain bravery is required to use it in a bold way. However, the results can be luxurious and uplifting. If you want to keep the bold strokes to one small room, try decorating a bathroom in purple. Alternatively, go for softer hues. "Slightly diffused and muted violet-grays look sophisticated and are easier to live with for an extended period of time," says Jill. "They're moody but receding and non-confrontational."

# Dress, \$640, Beth Ellery. Dress, \$575, Sabatini. Dress, \$790, Yvonne Bennetti.

### Wearing purple

According to Thelma, if you wear purple you're feeling inspired and sensitive. If you favour this colour you're likely to be creative and artistic, in touch with your spirituality and intuition and interested in New Age principles such as spiritual healing. "Wearing purple projects confidence and individuality so it's a wonderful colour if you're in a leadership role or a host at a party," says Ingrid. "The best colours to accessorise with purple and violet tones are blue, turquoise, cherry pinks and white."